



International Diabetes Federation

Top 10 countries in prevalence of diabetes* (20-79 age group)

2007			2025		
	Country	Prevalence (%)		Country	Prevalence (%)
1	Nauru	30.7	1	Nauru	32.3
2	United Arab Emirates	19.5	2	United Arab Emirates	21.9
3	Saudi Arabia	16.7	3	Saudi Arabia	18.4
4	Bahrain	15.2	4	Bahrain	17.0
5	Kuwait	14.4	5	Kuwait	16.4
6	Oman	13.1	6	Tonga	15.2
7	Tonga	12.9	7	Oman	14.7
8	Mauritius	11.1	8	Mauritius	13.4
9	Egypt	11.0	9	Egypt	13.4
10	Mexico	10.6	10	Mexico	12.4

Top 10 countries in number of people with diabetes (20-79 age group)

2007			2025		
	Country	Persons (millions)		Country	Persons (millions)
1	India	40.9	1	India	69.9
2	China, People's Republic of	39.8	2	China, People's Republic of	59.3
3	USA	19.2	3	USA	25.4
4	Russia	9.6	4	Brazil	17.6
5	Germany	7.4	5	Pakistan	11.5
6	Japan	7.0	6	Mexico	10.8
7	Pakistan	6.9	7	Russia	10.3
8	Brazil	6.9	8	Germany	8.1
9	Mexico	6.1	9	Egypt	7.6
10	Egypt	4.4	10	Bangladesh	7.4